

CBNA Girls Soccer 2018



Tryout Information

• Soccer Camp: August 6th - August 10th : 1pm -5pm. CBNA Soccer coaches & Athletic trainer are on hand for the week. A great week of training, skills, conditioning, and preparation for tryouts.

MONDAY AUGUST 13th is the 1st day of soccer tryouts.

 This date is set by the NHIAA, not Coe-Brown. Attendance at the tryout dates is required for consideration for the teams at CBNA, unless they are extenuating circumstances. Any questions or concerns should be communicated to the Coaches & to the Athletic Director Matt Skidds (mskidds@coebrown.org) in advance of tryouts.

We will have 2 days of tryouts: Monday August 13th, Tuesday August 14th

• Girls Soccer will hold double sessions on Monday August 13st and on Tuesday August 14th for players entering their sophomore, junior and senior years. <u>The morning session is optional for incoming freshmen athletes.</u>

DATE	TIME	NOTES
Monday August 13 th	7:30 – 9:00 am	All Sophomore, Junior, & Senior athletes
		required attendance.
		(*) Freshman athletes optional.
Monday August 13 th	3 – 5:30 pm	All athletes required attendance.
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Tuesday August 14 th	7:30 – 9:00 am	All Sophomore, Junior, & Senior athletes
		required attendance.
		(*) Freshman athletes optional.
Tuesday August 14 th	3 – 5:30 pm	All athletes required attendance.

All players will be given 2 days of tryouts and teams will be determined at the end of the afternoon tryout session on Tuesday August 14th.

Team Selection

Coe-Brown has the privilege of fielding 2 teams within the Girls Soccer Program. Each team has different goals with the same expectations for all players regardless of the level.

• The coaching staff will use the time to evaluate players and possible positions as they fit within the program. NO PLAYER is guaranteed a spot on a team regardless of if they have played for CBNA in previous seasons.



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- With a limited number of positions, competitive tryouts, and large numbers of players anticipated to tryout, **cuts are possible**.
- ANY player can be cut from the program, regardless of previous playing experience with CBNA or other program. We use the tryout days as the determining factor of who makes the CBNA girls soccer program.

Varsity:

- This team consists of the most skilled players as determined by the coaching staff in all grade levels (9 through 12) within our program. Typically the team consists of the best 18-20 players in the program as determined by the coaching staff.
- <u>A player selected for varsity must be able to physically compete at the varsity speed of play.</u>
- The Varsity Team has a 16 match schedule plus a playoff schedule which may add upwards to two additional weeks at the end of the season. **Prior season varsity players are NOT automatically guaranteed a position on the varsity team the following year.**
- In order to be selected for this team, you must have the <u>necessary skill set to compete at this level as</u> <u>determined by the coaching staff</u>, demonstrate the positive attitude necessary to compete, and fit as part of the "puzzle" based on skill, speed, position(s) played, and team chemistry.
- <u>Seniors are not permitted to compete on the Junior Varsity</u>.
- As a program philosophy, we allow juniors to play JV only under specialized and individual circumstances as determined by the coaching staff. It is our belief that JV should feature freshmen and sophomore athletes as they prepare for the possibility of playing varsity in the future.
- Players making varsity are granted the opportunity to play in all REGULAR SEASON contests. However, the amount of playing time is varied and is determined by multiple <u>factors including</u>, <u>but not</u> <u>limited to:</u> game situations, tempo, execution on the field, conditioning (recovering from injury, illness, etc.), openness to coaching and counsel, attitude in practice, and practice performance. Playoff games *will not* have the promise of playing time for all players.

Junior Varsity:

- Consists of players in 9th through 11th grade. As a program philosophy, we allow juniors to play JV only under specialized and individual circumstances as determined by the coaching staff.
- It is our belief that JV should feature freshmen and sophomore athletes as they prepare for the possibility of playing varsity in the future.
- Seniors are not permitted to participate on the Junior Varsity team as this program is reserved to develop players for participation at the Varsity level.
- JV athletes should have solid individual skill set and are working towards increasing her speed of play.
- Players should have an intermediate knowledge of soccer strategies.
- Players at the JV level are introduced to how to make adjustments within the different formations utilized by the varsity program.
- The team usually has a 16 match schedule during the course of the season.
- Players showing promise on this team may be asked to temporarily or permanently move up to the varsity team at any time throughout the season.



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REQUIRED PAPERWORK FOR TRYOUTS

• All student athletes wishing to participate in tryouts are required to have a CBNA approved sports physical dated AFTER JUNE 1st, 2017.

(*) Physicals performed and dated prior to June 1st, 2017 will not be accepted as valid.

- Coe-Brown Academy will provide a greatly reduced cost physical through our partnerships with local healthcare providers. These are sport participation physicals and typically cost \$5 dollars per person.
- (*) Dates, times, and details on these physicals are on the soccer website and will be sent directly from the CBNA Offices and Athletics department.
- Signed CBNA Student Athlete Sports Contract accessed through the CBNA Athletics website.
- Any questions can be emailed to jhils@coebrown.org or to mskidds@coebrown.org